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4. Let $u = \sqrt{x}$. Then $du = \frac{1}{2\sqrt{x}} dx$, so $\int \frac{\sin \sqrt{x}}{\sqrt{x}} dx = \int \sin u (2 du) = 2(-\cos u) + C = -2 \cos \sqrt{x} + C$.

5. Let $u = 1 + 2x$. Then $du = 2 dx$, so

$$\int \frac{4}{(1+2x)^3} dx = 4 \int u^{-3} (\frac{1}{2} du) = 2 \frac{u^{-2}}{-2} + C = -\frac{1}{u^2} + C = -\frac{1}{(1+2x)^2} + C$$

16. Let $u = 1 - t^3$. Then $du = -3t^2 dt$, so

$$\int t^2 \cos(1 - t^3) dt = \int \cos u (-\frac{1}{3} du) = -\frac{1}{3} \sin u + C = -\frac{1}{3} \sin(1 - t^3) + C$$

18. Let $u = 3 - 5y$. Then $du = -5 dy$, so

$$\int \sqrt[5]{3-5y} dy = \int u^{1/5} (-\frac{1}{5} du) = -\frac{1}{5} \cdot \frac{5}{6} u^{6/5} + C = -\frac{1}{6} (3 - 5y)^{6/5} + C$$

28. Let $u = e^x + 1$. Then $du = e^x dx$, so $\int \frac{e^x}{e^x + 1} dx = \int \frac{du}{u} = \ln |u| + C = \ln(e^x + 1) + C$.

45. Let $u = x - 1$, so $u + 1 = x$ and $du = dx$. When $x = 1$, $u = 0$; when $x = 2$, $u = 1$. Thus,

$$\int_1^2 x \sqrt{x-1} dx = \int_0^1 (u+1) \sqrt{u} du = \int_0^1 (u^{3/2} + u^{1/2}) du = \left[\frac{2}{5} u^{5/2} + \frac{2}{3} u^{3/2} \right]_0^1 = \frac{2}{5} + \frac{2}{3} = \frac{16}{15}$$

51. Let $u = \ln x$, so $du = \frac{dx}{x}$. When $x = e$, $u = 1$; when $x = e^4$, $u = 4$. Thus,

$$\int_e^{e^4} \frac{dx}{x \sqrt{\ln x}} = \int_1^4 u^{-1/2} du = 2 \left[u^{1/2} \right]_1^4 = 2(2 - 1) = 2$$

61. Let $u = 2x$. Then $du = 2 dx$, so $\int_0^2 f(2x) dx = \int_0^4 f(u) (\frac{1}{2} du) = \frac{1}{2} \int_0^4 f(u) du = \frac{1}{2}(10) = 5$.