

1. $\mathbf{r}'(t) = \langle 2 \cos t, 5, -2 \sin t \rangle \Rightarrow |\mathbf{r}'(t)| = \sqrt{(2 \cos t)^2 + 5^2 + (-2 \sin t)^2} = \sqrt{29}$. Then using Formula 3, we have $L = \int_{-10}^{10} |\mathbf{r}'(t)| dt = \int_{-10}^{10} \sqrt{29} dt = \sqrt{29} t \Big|_{-10}^{10} = 20\sqrt{29}$.

2. $\mathbf{r}'(t) = \langle 2t, \cos t + t \sin t - \cos t, -\sin t + t \cos t + \sin t \rangle = \langle 2t, t \sin t, t \cos t \rangle \Rightarrow |\mathbf{r}'(t)| = \sqrt{(2t)^2 + (t \sin t)^2 + (t \cos t)^2} = \sqrt{4t^2 + t^2(\sin^2 t + \cos^2 t)} = \sqrt{5}|t| = \sqrt{5}t$ for $0 \leq t \leq \pi$. Then using Formula 3, we have $L = \int_0^\pi |\mathbf{r}'(t)| dt = \int_0^\pi \sqrt{5}t dt = \sqrt{5} \left[\frac{t^2}{2} \right]_0^\pi = \frac{\sqrt{5}}{2} \pi^2$.

3. $\mathbf{r}'(t) = \sqrt{2}\mathbf{i} + e^t\mathbf{j} - e^{-t}\mathbf{k} \Rightarrow |\mathbf{r}'(t)| = \sqrt{(\sqrt{2})^2 + (e^t)^2 + (-e^{-t})^2} = \sqrt{2 + e^{2t} + e^{-2t}} = \sqrt{(e^t + e^{-t})^2} = e^t + e^{-t}$ (since $e^t + e^{-t} > 0$). Then $L = \int_0^1 |\mathbf{r}'(t)| dt = \int_0^1 (e^t + e^{-t}) dt = [e^t - e^{-t}]_0^1 = e - e^{-1}$.

49. For one helix, the vector equation is $\mathbf{r}(t) = \langle 10 \cos t, 10 \sin t, 34t/(2\pi) \rangle$ (measuring in angstroms), because the radius of each helix is 10 angstroms, and z increases by 34 angstroms for each increase of 2π in t . Using the arc length formula, letting t go from 0 to $2.9 \times 10^8 \times 2\pi$, we find the approximate length of each helix to be

$$\begin{aligned} L &= \int_0^{2.9 \times 10^8 \times 2\pi} |\mathbf{r}'(t)| dt \\ &= \int_0^{2.9 \times 10^8 \times 2\pi} \sqrt{(-10 \sin t)^2 + (10 \cos t)^2 + \left(\frac{34}{2\pi}\right)^2} dt \\ &= \sqrt{100 + \left(\frac{34}{2\pi}\right)^2} \Big|_0^{2.9 \times 10^8 \times 2\pi} \\ &= 2.9 \times 10^8 \times 2\pi \sqrt{100 + \left(\frac{34}{2\pi}\right)^2} \\ &\approx 2.07 \times 10^{10} \text{ \AA} \text{ — more than two meters!} \end{aligned}$$